



Is this program right for me?

Have you achieved some strides in your recovery from substance use while completing a residential, acute, or other intensive treatment program, but still feel like you need longer-term support?

Would a supportive, but less structured environment help you achieve long-term recovery? Could you benefit from residing in a community of supportive peers who are also in recovery? Would you benefit from having access to staff and resources to help you address challenges on your journey to recovery and independence? If so, are you willing to receive help?

Let the New Bedford Women's Graduate Program help you.

New Bedford Women's Graduate Program
977 Pleasant Street
New Bedford, MA 02740
508-984-1880



Leader in Behavioral Health and Homeless Services

Fall River Men's Residential Rehabilitation Service (RRS) Program

466 North Main St., Fall River, MA 02720
508-617-4436

Transition House

542 North Main St., Fall River, MA 02720
508-674-2788 x 11118

Fall River Women's RRS Program

522 North Main St., Fall River, MA 02720
508-674-2788 x 11101

New Bedford Women's RRS Program

979 Pleasant St., New Bedford, MA 02740
508-984-1880

Outpatient Clinic

279 North Main St., Fall River, MA 02720
508-679-0033

William B. Webster Graduate Program

506 North Main St., Fall River, MA 02720
508-674-2788 women x 11101, men x 12202

New Bedford Graduate Program

977 Pleasant St., New Bedford, MA 02740
508-984-1880

Next Step Home

506 North Main St., Fall River, MA 02720
508-674-2788 x 11122

First Step Inn Shelter

134 Durfee St., Fall River, MA 02720
508-679-8001

Stone Residence

177 North Main St., Fall River, MA 02720
508-675-4159

Welcome Home

888 Purchase St., Suite 401, New Bedford, MA 02740
508-984-7514

Home First

506 North Main St., Fall River, MA 02720
508-674-2788 x 11113

www.steppingstoneinc.org

www.fb.me/stepstoneincorp



A United Way Agency



New Bedford Women's Graduate Program

A Supportive Independent Living Program

Serving Women with Substance Use Disorders in the Commonwealth of Massachusetts



What can I expect if I participate in the program?

The New Bedford Women's Graduate Program provides graduate housing and case management services. The program is located in a three-story structure providing three apartments that offer a comfortable, sober, home-like environment.

Consumers are assisted with developing support systems and recovery skills which enable them to successfully transition into the community and experience long-term recovery and an improved quality of life.

Women in other treatment programs or in the community who have been sober and in recovery for at least three months may also apply to the Graduate Program. The length of stay is up to one year.

Transitioning to the New Bedford Women's Graduate Program after completing residential treatment has given me the chance to continue to build on my recovery. It is preparing me to live independently.

~ Lisa

Who is eligible?

Eligible participants must be 18 years of age or older, living in Massachusetts, alcohol and drug free, active in recovery and self-help programs, employed full time or have the ability to meet financial obligations, and medically and psychologically stable.

How do I apply?

Self-referrals are accepted, as well as referrals from social service agencies, addiction centers, and other providers. To receive an initial screening, please call 508-984-1880. If criteria are met, an intake assessment is scheduled. Upon acceptance, you will be placed on a waiting list and required to contact the program weekly to express your continued interest in the program.

The New Bedford Women's Graduate Program is funded by the Massachusetts Department of Public Health, Bureau of Substance Addiction Services and private donations. Consumers are required to have the ability to pay treatment fees.



What services are offered?

- Comprehensive case management
- Relapse prevention group sessions
- Individual substance abuse counseling
- Coping and parenting skills training
- Independent living skills training
- Employment placement assistance
- Health, wellness, and nutrition counseling
- Mental health treatment access
- 12-Step meetings and other AA/NA recovery-related activities
- Structured recreational opportunities
- Referral to community-based collateral services, educational programs, medical care, MAT, domestic violence support and other forms of assistance
- Trauma informed care
- Housing placement assistance
- Discharge and aftercare planning
- Recovery Coaching Services