



Is this program right for me?

Do you struggle to function at home, work or school? Are you often feeling anxious or depressed? Do you find yourself making choices that result in negative consequences due to symptoms of mental health or alcohol or substance use? Have you contemplated utilizing medication assisted treatment for your alcohol, cocaine, or opioid use? Are you being told by family or friends about changes in your personality or ability to follow through on tasks and responsibilities? How do you function each day? Are you struggling to maintain a job, or at risk of losing housing? If these are some of the challenges that you are facing today, are you willing to make some changes and receive help?

Let the Outpatient Clinic help you.

Outpatient Clinic
279 North Main Street
Fall River, MA 02720
508-679-0033

888 Purchase Street, Suite 402
New Bedford, MA 02740
508-984-4155



Leader in Behavioral Health and Homeless Services

Fall River Men's Residential Rehabilitation Service (RRS) Program

466 North Main St., Fall River, MA 02720
508-617-4436

Transition House

542 North Main St., Fall River, MA 02720
508-674-2788 x 11118

Fall River Women's RRS Program

522 North Main St., Fall River, MA 02720
508-674-2788 x 11101

New Bedford Women's RRS Program

979 Pleasant St., New Bedford, MA 02740
508-984-1880

Outpatient Clinic

279 North Main St., Fall River, MA 02720
508-679-0033

William B. Webster Graduate Program

506 North Main St., Fall River, MA 02720
508-674-2788 women x 11101, men x 12202

New Bedford Graduate Program

977 Pleasant St., New Bedford, MA 02740
508-984-1880

Next Step Home

506 North Main St., Fall River, MA 02720
508-674-2788 x 11122

First Step Inn Shelter

134 Durfee St., Fall River, MA 02720
508-679-8001

Stone Residence

177 North Main St., Fall River, MA 02720
508-675-4159

Welcome Home

888 Purchase St., Suite 401, New Bedford, MA 02740
508-984-7514

Home First

506 North Main St., Fall River, MA 02720
508-674-2788 x 11113

www.steppingstoneinc.org

[www.fb.me/stepstoneincorp](https://www.facebook.com/stepstoneincorp)



A United Way Agency



Outpatient Clinic

Providing Comprehensive
Behavioral Healthcare

Serving Individuals with Substance Use
and Mental Health in the Commonwealth
of Massachusetts

MassHealth Qualified Behavioral Health
Urgent Care Provider



What can I expect if I participate in the program?

The Outpatient Clinic operates clinics in Fall River and New Bedford, MA. The Program is staffed by a psychiatrist and other professional practitioners who are experts in treating addiction, including opioid disorders and providing person-centered treatment and determining your Medication Assisted Treatment needs. We also have staff specializing in the treatment of mental health disorders such as depression and anxiety.

Programming includes effective evidence-based practices such as cognitive behavioral therapy, motivational interviewing and integrated treatment. Staff work with each individual to develop a treatment plan that aligns with their goals and aspirations. The primary objective is to provide each participant with an array of services that support long-term recovery and improve symptoms, functioning and quality of life.

I was completely shut down and isolated. I thought drinking was the answer to my problems. My counselor helped me see that there were better ways to manage my depression and today I am a much happier person.

~ Tim

Who is eligible?

You must be 18 years of age or older and have concerns about mental health or substance use.

How do I apply?

Referrals are received from social service agencies, addiction centers, and self referred. An initial assessment is completed by calling our Fall River office at 508-679-0033 or our New Bedford office at 508-984-4155. If criteria are met, an intake assessment is scheduled. Upon acceptance you will be scheduled for your first appointment.

The Outpatient Clinic is supported through a combination of insurance reimbursements, state and federal funding, and private contributions. Participants should contact the office to confirm the eligibility of insurances accepted by the program.



What services are offered?

- Mental health evaluations
- Substance use evaluations
- Integrated Treatment for Co-Occurring Disorders
- Psychiatric services including medication evaluation and medication management
- Medication Assisted Treatment for alcohol, cocaine, and/or opioid use
- Individual counseling
- Couples counseling
- Family counseling
- Group therapy
- Relapse prevention services
- Urine screening and breath analysis
- Trauma Treatment
- Discharge and aftercare planning
- Evening and weekend appointments available
- Recovery Coaching Services